



P R E E C L A M P S I A

foundation

Restaurant Fundraising Events

PROGRAM

A night out at a local restaurant is an excellent opportunity for PF members to get together with friends and family and not only have a lot of fun, but feel good because they are raising money for support services and research, while creating awareness for preeclampsia and other hypertensive disorders of pregnancy.

HOW TO GET STARTED

Contact a local restaurant. Many chain stores actively promote fundraising events to help drive business into their location on “off nights” during the week and help support local causes. Some examples of participating restaurants include Chick-fil-A, Chevys and Max and Erma’s. In most cases, the restaurant will provide you with sample fundraising flyers to distribute to friends and family to invite them to come. On the designated day, a percentage of food sales generated from the individuals who attend will then be donated to the charity. In most cases, they are required to bring an event flyer with them to receive the percent of sales to PF so you will have to distribute them to interested parties.

PARTICIPATION

The participants include anyone who likes to eat and we all have to eat. Invite co-workers, employers, and customers ~ family, friends, PF members and the general public. Make it a fun night out to connect with others and make new friends.

PREPARATION

- ✓ Solicit local restaurants for fundraising night opportunities (the web is a great place to start)
- ✓ Secure date
- ✓ Prepare and/or distribute event benefit flyers to encourage people to join you for lunch/dinner
- ✓ Solicit donations of prizes, refreshments, and services if planning other fundraising activities during the event
- ✓ Send funds raised to the PF administrative office

Contact your PF events representative at volunteers@preeclampsia.org or go to www.preeclampsia.org for more information.

The Preeclampsia Foundation (PF) non profit organization dedicated to funding research, raising public awareness, and providing support and education for those whose lives have been touched by preeclampsia and other hypertensive disorders of pregnancy.